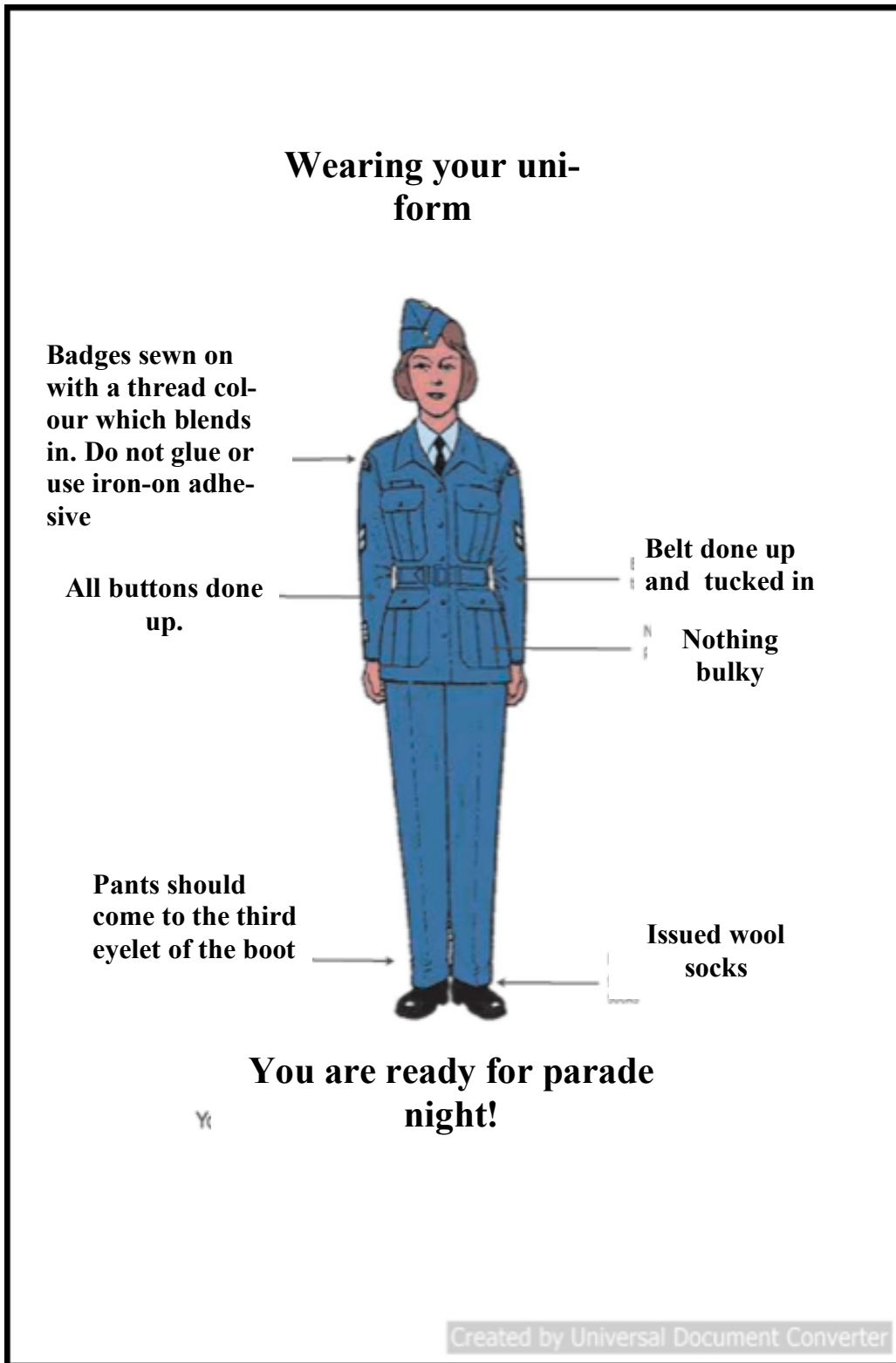


and to ensure they have the correct item when leaving any cadet activity. Name tags will be worn by cadets.



Name tags will be worn when a cadet is in full or short order uniform.

Directions on the wearing and care of the Cadet uniform will be provided by senior cadets and CIC staff, however, the following information will assist your Cadet in the wearing and maintaining their uniform.

UPKEEP OF THE UNIFORM

As noted above, it costs the Department of National Defence hundreds of dollars to outfit each cadet. The squadron has a fixed budget to purchase uniforms each year. It is critical that the cadet takes care of his/her uniform, keeps it cleaned and pressed, and returns it to the squadron when he/she leaves the squadron or outgrows the uniform. The following tips will be useful to cadets in keeping their uniform to standard:

a. Washing.

(1) The uniform shirt can be machine-washed in warm water (not hot). Scrub the collar and under-arm area with a brush and some kind of pre-wash liquid prior to washing. Shoulder rank slip-ons must be removed before washing as they will be damaged by normal washing.

(2) The tunic, trousers and socks should be machine-washed in cold water otherwise the colour may run.

b. Dry Cleaning. The wedge, tie and shoulder rank slip-ons must be dry-cleaned.

c. Ironing. Be sure not to use too hot an iron or the fabric will be scorched. The new fabric uniforms will actually melt. Use an ironing cloth or dish towel to avoid the iron actually touching the fabric.

(1) Ties and slip-ons (epaulettes) should be ironed.

(2) Do not iron creases into sleeves of tunic.

d. Alterations to Uniform.

(1) You must not make any modification to your uniform items.

(2) At times the length of the trouser legs need to be taken up (the bottom of the trouser leg should be in line with the third lace hole from the bottom of your boots). Hem by hand with a loose stitch. You must not cut the material of your trousers to shorten them.

(3) You must not cut the belt to make it shorter.

e. **Badges.** Badges must be sewn on by hand or machine stitched with a long stitch. If tiny stitches are used it is difficult to remove badges and marks are left on the fabric. Do not use glue or two-way iron on tape.

f. **Removal of Badges.** Take care when removing badges so as to avoid unnecessary damage to uniforms.

g. **Boots.** In the winter you would be advised to carry your boots to cadets. The salt on the roads eats away at the polish of your boots. You should polish your boots with a Kiwi © cloth and black polish.

h. **All Season Coat.** The All Season Coat (Parka) has a removable fleece liner. Note that the liner is never to be worn on its own when a tunic is worn. It is important that the liner is not lost.

SOURCES OF HELP FOR MAINTAINING YOUR UNIFORM

Remember: Your fellow Cadets are there to help you. They have all learned how to look after the uniform and will know what you are feeling. This is your uniform, **NOT** your parents'. It is your responsibility to maintain it. The following YouTube links can be used to help you see what is required:

Ironing Pants: http://www.youtube.com/watch?v=Dsih0Lj_APc

Ironing Shirts: <http://www.youtube.com/watch?v=qzMoanGjDP8>

Polishing Boots: <https://www.youtube.com/watch?v=WhvA7fZtTz4>

Tying your tie: <http://www.youtube.com/watch?v=Eq7bz1xMuGY>

NOTE: If there is a part of your uniform that no longer fits, or needs to be replaced, see the Supply Officer early in the evening and fill out a request for a replacement/exchange. You will need to see the Supply Officer with the item that needs to be replaced/exchanged. To help the process go quickly, it is recommended that you know the size of the current item you are exchanging.

WEARING OF THE UNIFORM

Regulations for the wearing of the uniform are set out in CATO 55-04, Air Cadet Dress Instructions, which can be found on-line. The following information is drawn from CATO 55-04 but is not all inclusive.

Different religious, spiritual or cultural requirements of various groups will be respected. Exceptions to the dress instructions for religious or cultural reasons will be considered in accordance with CATO 55-04 when the cadet submits a written request to the Sqn's Area Cadet Officer (ACO) in accordance CATO 55-04.

GENERAL APPEARANCE

Cadets in uniform shall be well groomed with footwear cleaned and shone. Cadet dress and appearance should reflect credit to their unit and the Air Cadet program. Uniforms shall be clean and properly pressed at all times. In particular, buttons, fasteners, and zippers shall be kept closed. Pockets shall not bulge. At no time shall any items protrude from pockets or be suspended to any area of the uniform. The uniform is to be worn only when attending authorized parades or activities including attending training or proceeding to or from the place where training occurs.

WEDGE CAP

The wedge cap shall be worn on the right side of the head, with the birdies (buttons on the front) centred in line with the nose. (The bird on the cap should look toward the sky). The lower point of the front crease of the wedge is in the centre of the forehead. The front edge of the wedge is to be positioned 2.5 cm above the right eyebrow which can be measured by the width of two fingers. If hair hangs down on the forehead, it should be tucked under the wedge. The cap badge is worn on the left side of the wedge. The centre of the badge is positioned half-way between the front and middle of the wedge and is centred between the top and bottom of the wedge.



SHORT SLEEVE SHIRT

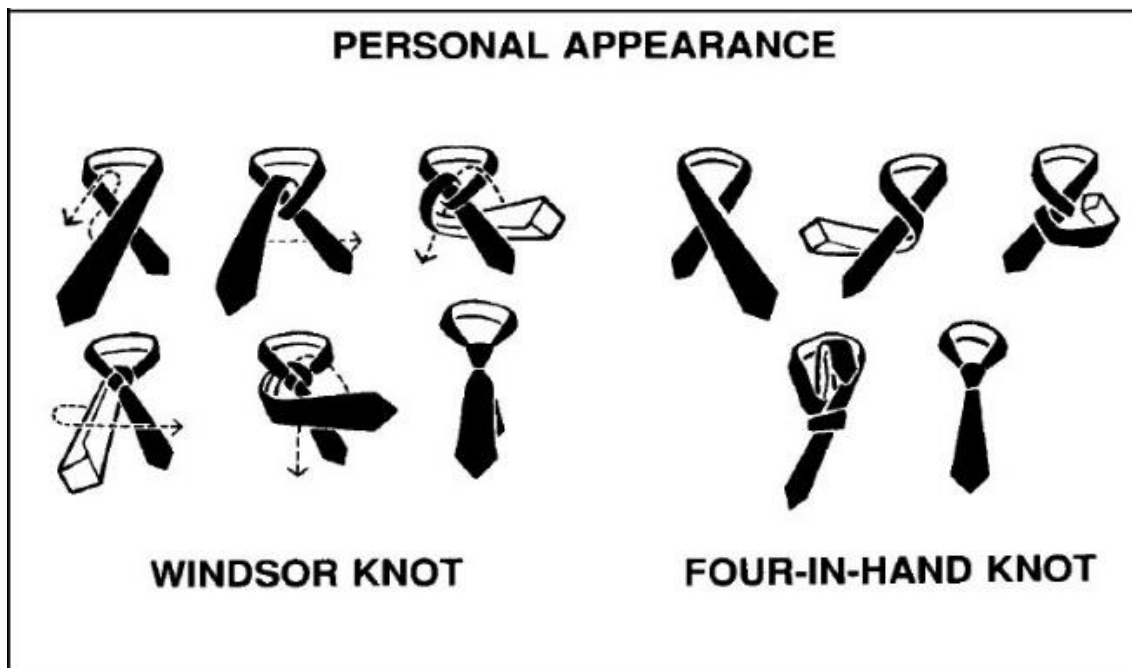
The short sleeve shirt may be worn with or without the tie. It can also be worn with or without the jacket. It shall be kept clean and pressed. The only crease is to be down the centre of each sleeve starting at centre of each epaulette. The shirt shall be tucked into the pants and the top button shall remain open when not wearing a tie. Note on ironing-when ironing tunic and pants use a pressing cloth. A pressing cloth may be a towel, pillowcase, handkerchief or other piece of cloth. The pressing cloth will prevent tunic and pants from becoming shiny due to ironing. It should also be used when ironing wedge or necktie. The creases in trousers sharpen with the use of a moist pressing cloth or by wetting the crease itself.

NECKTIE

The necktie shall be knotted neatly using a Windsor or Four-In-Hand knot and shall be kept tight. The knot must be free of wrinkles or dimples and be centred. The bottom point of the tie must not exceed the top of the pant belt. Ties are to be kept clean and lint free.

TUNIC

The tunic with cloth belt shall be worn fully buttoned, with the exception of the top button. The tunic shall be kept clean and pressed. The sleeves of the jacket shall be pressed with NO creases. All pocket flaps and collars are to be pressed flat. No loose threading, particularly near buttons and seams are to be visible. The jacket belt shall be worn so as the excess of the belt, once attached, is on the left side of the buckle. The buckle shall be centred and adjusted to that the excess of the belt on the left side is not more than 8 cm. The jacket must be stain, wrinkle, and lint free.



RANK SLIP-ONS

Rank slip-ons shall be worn at all times on the short-sleeve shirt, regardless of whether the tunic is on or not. Rank slip-ons are also to be worn on the all season jacket, with the Cadet flying suit, and with the Cadet field training uniforms when authorized by the Squadron Commanding Officer.

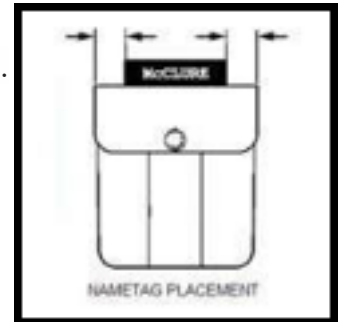


BLACK GLOVES AND MITTS

Plain black civilian pattern gloves and mitts may be worn with the overcoat, parka, or all season jacket when weather conditions dictate.

NAME TAG

One name tag will be issued to each new member during their initial uniform issue. Additional or replacement name tags can be purchased at the Cadet's expense. The name tag is worn immediately over the right breast pocket (with no gaps) and centre with the width of the pocket (or the button).



TROUSERS

The trousers are to be steam pressed so as to have creases down the centre of each leg in the front and back. Creases shall extend from the top of the leg to the bottom. Pants are to be hemmed so that the bottom of the pant leg reaches between the second and third boot lace from the bottom.

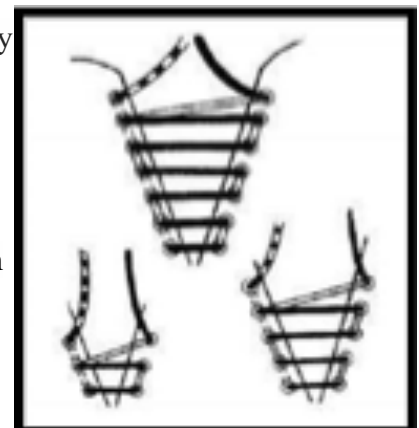
PANT BELT

The pant belt shall be worn with the trousers such that the buckle is centred and the ends are “brass on brass”. Brass on brass is when the end of the belt meets the brass buckle, and when the belt is done up, there is no black showing between the two pieces of brass; the belt may need to be adjusted for this to occur. The belt buckle must be stain and scuff free.

CARE OF THE BOOTS

The black ankle parade boots should be cleaned and polished on a weekly basis. General guidelines for polishing the boots include:

1. The welts of the boots are to be cleaned with an old toothbrush and black boot polish;
2. Remove dust and dirt with a soft damp cloth (do not use this cloth for polishing).
3. Use a polish cloth wrapped around the index finger.



Boots

Black ankle boots are to be laced from side to side. When the boots are tied, the ends of the laces are to be tucked inside the boot. The entire boot must be shone with a high gloss. (Recommended polish - Kiwi Parade Gloss Black) the tongue and welts (sides and tops) must be blackened.



4. Apply a moderate amount of polish to the cloth.
5. Apply the polish in a circular motion to the area being polished;
6. Start with large circles to cover the area with polish.
7. Use smaller circles as the polish gets worked into the boot.
8. Continue to work in a circular motion until circles formed by the polish are no longer visible. Using small amount of water dabbed on the cloth, together with polish will assist with this.
9. The whole boot is to be polished, not just the toe.

GREY WOOL SOCKS Grey wool socks must be worn with the parade boots. If a Cadet suffers from a recognized allergy to wool, the Cadet may wear grey or black cotton or nylon socks.

SQUADRON SHOULDER FLASHES

Squadron shoulder flashes are to be worn on the both sleeves of the tunic only. The top of the badge is to be worn centred with the epaulette, 2 cm below the shoulder seam. White threading only is to be used. The badge must be sewn so no gaps exist between threading.

PROFICIENCY AND QUALIFICATION BADGE PLACEMENT

PROFICIENCY BADGES LEVELS 1-5

These badges are worn centred on the **left** sleeve of the jacket, the bottom of the badge immediately above the top of the cuff. If a Cadet Fitness Assessment Incentive Level Badge, a Marksmanship Classification Program Badge and/or a Glider Pilot Familiarization Badge is worn, the Squadron Proficiency Level Badge is worn 1 cm above the Cadet Fitness Assessment Incentive Level, Marksmanship Classification Program and/or Glider Pilot Familiarization Badge(s). Only the most senior Proficiency Level badge is worn.

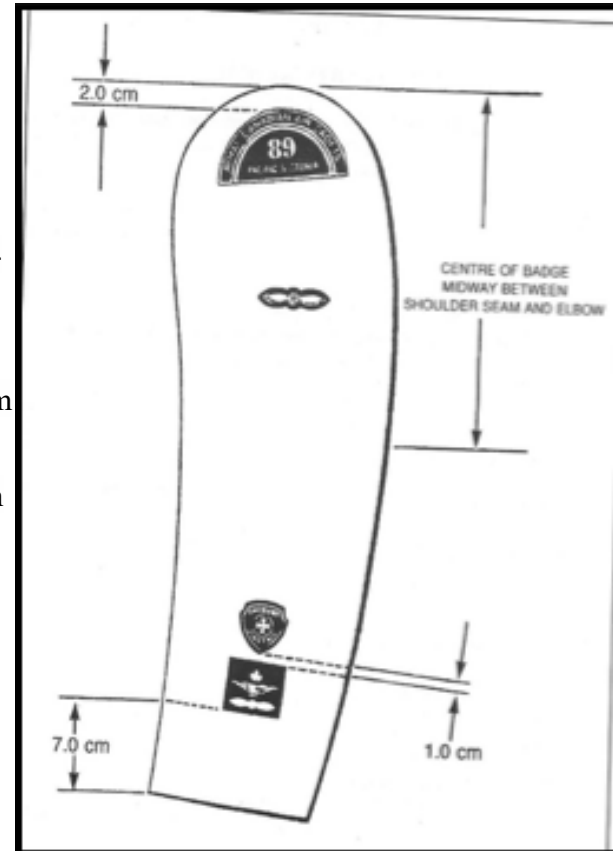
NOTE: Given their rank, Warrant Officers 1st and 2nd Class shall not wear Proficiency Level Badges.

RANK BADGES

For ranks LAC to FLT Sergeant, rank badges are to worn centred on both sleeves of the jacket, midway between the elbow and the upper shoulder seam. Blue threading only is to be used. The badge must be sewn so no gaps exist between threading.

For Warrant Officer First and Second class, the rank badge is worn centred on both sleeves with the bottom of the badge 9 cm above the top of the cuff or if a third row of Summer Courses Qualification Badges is worn, 1 cm above the third row of badge(s).

badges are placed immediately above badges one, two and three forming a second row of badges and they are placed in the same order as the first row. If a seventh badge is awarded, it shall be placed immediately over the fourth badge. A maximum of seven Summer Courses Qualification Badges may be worn.



STAFF AND SUMMER COURSE QUALIFICATION BADGES

Summer Course Qualification Badges shall be worn on the **right** sleeve in the order that they are awarded. The first badge is centred immediately above the cuff of the uniform jacket. The second badge awarded is placed immediately to the right of the first badge, to the front of the sleeve. The third is placed immediately to the left of the first badge, to the rear of the sleeve. The fourth, fifth and sixth

CADET FITNESS ASSESSMENT INCENTIVE LEVEL / MARKSMANSHIP CLASSIFICATION PROGRAM / GLIDER PILOT FAMILIARIZATION BADGES

The Cadet Fitness Assessment Incentive Level Badge, the Marksmanship Classification Program Badge, and the Glider Pilot Familiarization Badge shall be worn on the **left** sleeve in the order that they are awarded. The first badge awarded is centred immediately above the cuff of the uniform jacket, with the bottom of the badge touching the cuff. The second badge awarded is placed immediately to the left of the first badge, to the front of the sleeve. The third badge awarded is placed immediately to the right of the first badge, to the rear of the sleeve. For the Cadet Fitness Assessment Incentive Level and the Glider Pilot Familiarization Badges only the badge for highest level attained for each shall be worn.

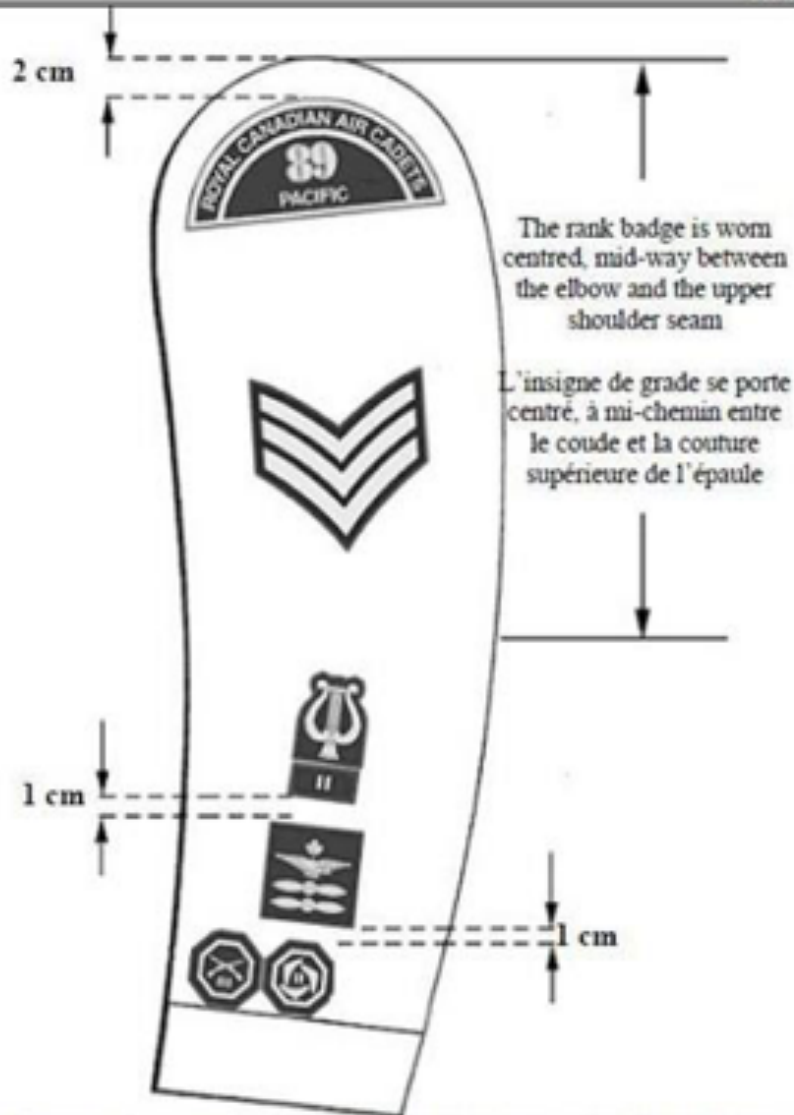
FIRST AID BADGES (EMERGENCY AND STANDARD FIRST AID)

First Aid pages are worn centred on the **right** sleeve, the bottom of the badge 1 cm above the top of the cuff. If Summer Courses Qualification Badges are worn, the First Aid Badge shall be centred on the right sleeve, the bottom of the badge 1 cm above the Summer Courses Qualification Badges For WO1 and WO2, the badge is worn on the right sleeve, centred between the elbow and the shoulder upper seam. If both badges have been awarded, only the Standard First Aid badge shall be worn.

CANADIAN CADET MOVEMENT MARKSMANSHIP or BIATHLON CHAMPIONSHIP SERIES PINS and the AIR CADET LEAGUE OF CANADA EFFECTIVE SPEAKING COMPETITION PIN

The Zone, Provincial or National Championship Pin or Effective Speaking Pin shall be worn centred on the **left** breast pocket, equidistant between the lower seam and the lower edge of the jacket pocket flap. Only one Marksmanship, Biathlon, or Effective Speaking Championship Series Pin is permitted on the uniform indicating the highest level attained by the cadet. This pin is worn on the jacket only.

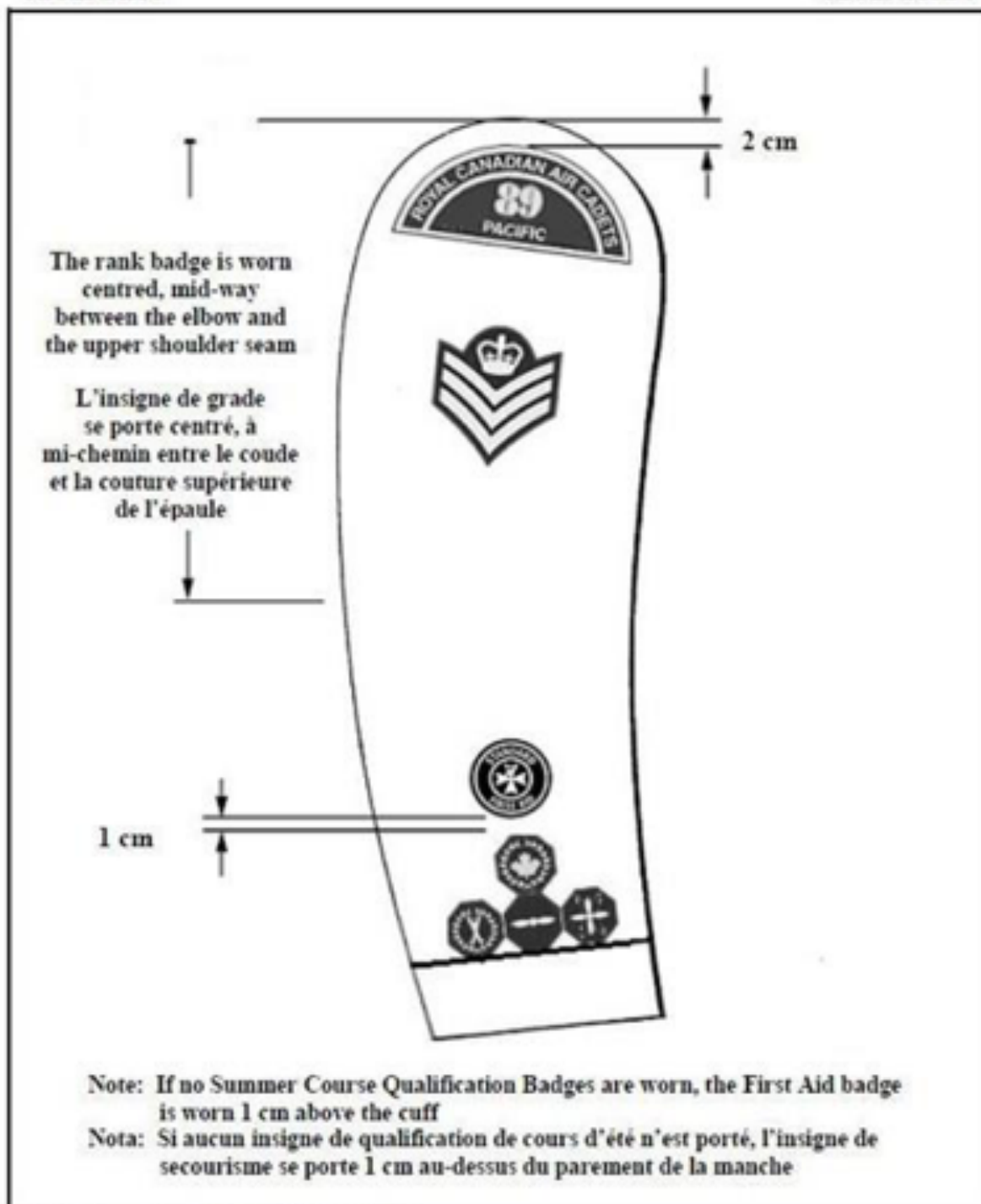
NOTE: When an Air Cadet League of Canada Effective Speaking Competition Pin is worn with a Canadian Cadet Movement Marksmanship or Biathlon Championship Series Pin the two pins shall be worn centred on the left breast pocket equidistant between the lower seam and the lower edge of the jacket pocket flap, with 0.5 cm between the two pins. The Air Cadet League of Canada Effective Speaking Competition Pin shall be worn in the top position. If a cadet is the recipient of an Air Cadet League of Canada Effective Speaking Competition Pin, a Canadian Cadet Movement Marksmanship Championship Series Pin and also a Canadian Cadet Movement Biathlon Championship Series Pin, this cadet shall be authorized to wear two out of the Three pins awarded as the cadet uniform can only accommodate two pins. In this case, the Cadet must make the decision of which two pins he shall wear on his uniform.



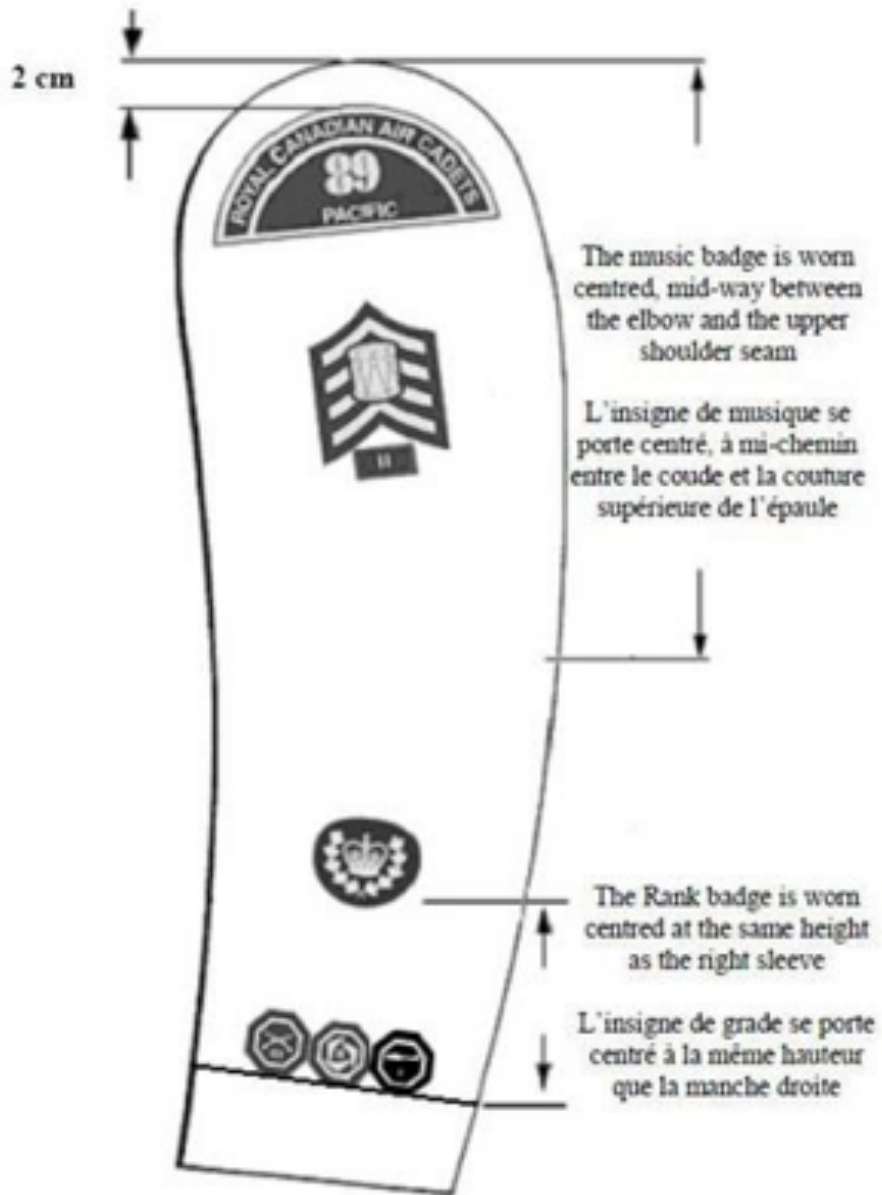
Note: If no Cadet Fitness Assessment Incentive Level, Marksmanship Classification Program, or Glider Pilot Familiarization Badges are worn, the Squadron Proficiency Level or Music badges are worn immediately above the cuff

Nota: Si aucun insigne des niveaux du volet motivation du programme d'évaluation de la condition physique des cadets, du programme de tir de classification ou de familiarisation de pilote de planeur n'est porté, les insignes de niveau de qualification d'escadron ou de musique se portent juste au-dessus du parement de la manche

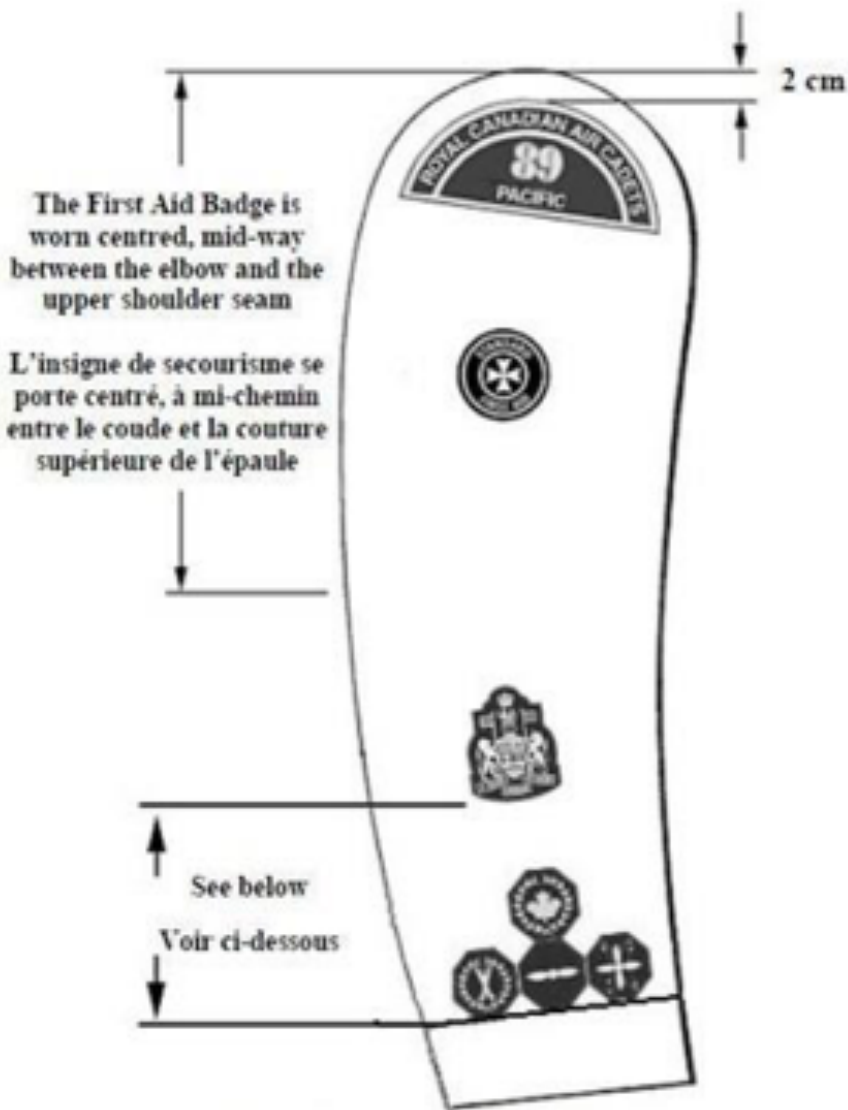
Left sleeve (other than WO1 and WO2)
Manche gauche (autre qu'Adj 1 et Adj 2)



Right sleeve (other than WO1 and WO2)
Manche droite (autre qu'Adj 1 et Adj 2)



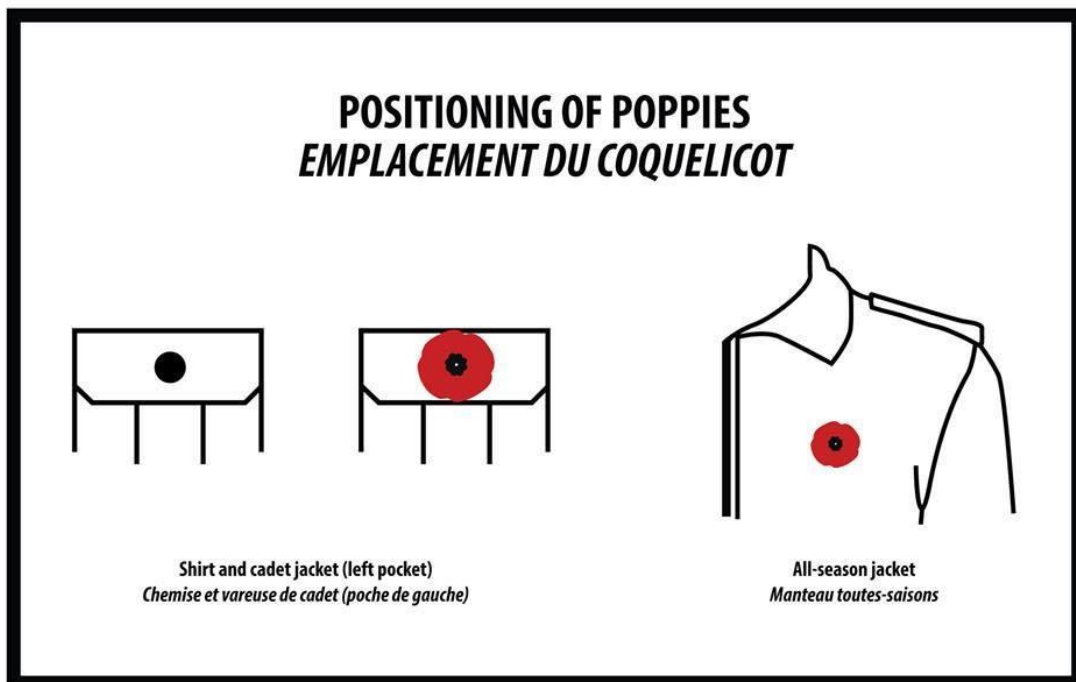
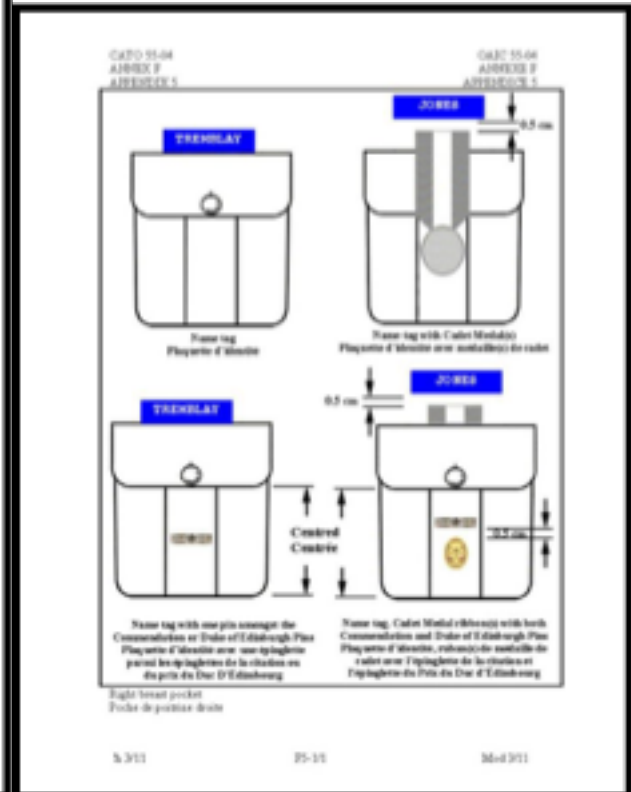
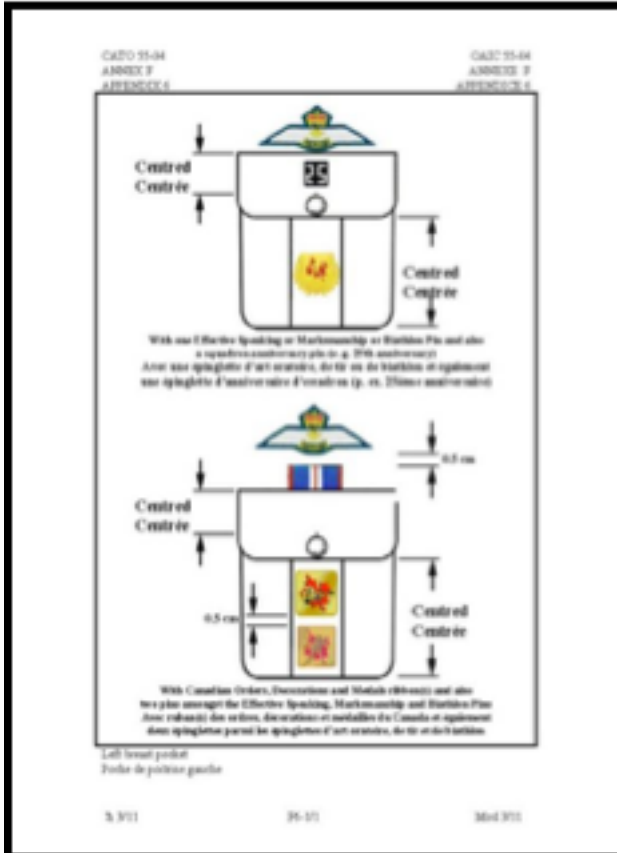
Left sleeve (WO1 and WO2)
Manche gauche (Adj 1 et Adj 2)



The rank badge is worn centred with the bottom of the badge 9 cm above the top of the cuff or if a third row of Summer Courses Qualification Badges is worn, 1 cm above the third row badge

L'insigne de grade se porte centré avec le bas de l'insigne 9 cm au-dessus du parement de la manche ou si une troisième rangée d'insigne de qualification de cours d'été est portée, 1 cm au-dessus de l'insigne de la troisième rangée

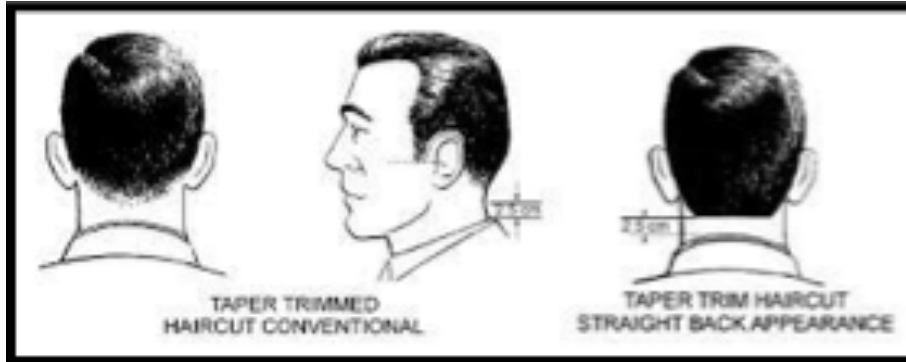
Right sleeve (WO1 and WO2)
Manche droite (Adj 1 et Adj 2)



HAIRSTYLES

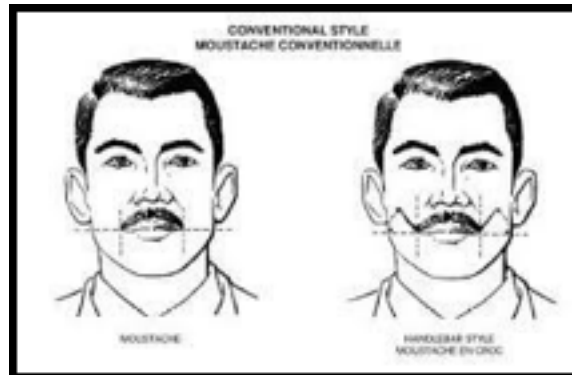
Hair shall be neatly groomed and conservatively styled. The length, bulk, and style of hair shall not preclude the proper wearing of the wedge. Style and colour shall not be bizarre, exaggerated, or of unusual appearance. Unusual colours such as green, bright red, orange, purple, etc. are not permitted.

MALE HAIRSTYLES-shall be taper trimmed at the back, side, and above the ears to blend with the hairstyle. It shall be no more than 1.5 cm in length. When the hair is groomed and wedge is removed, no hair shall touch the ears or fall below the top of the eyebrows.

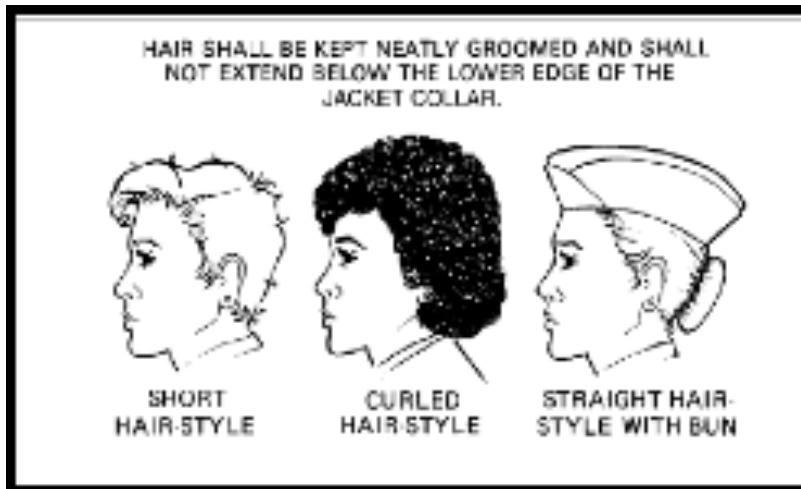


SIDEBURNS-shall not extend below a line horizontally bisecting the ear. They shall be squared off horizontally at the bottom edge and taper trimmed to conform to the overall hairstyle.

MOUSTACHES - when moustaches are worn, the unshaved portion of the face shall not extend outwards beyond the corners of the mouth. Moustaches shall be kept neatly trimmed, not be greater than 2 cm (3/4in.) in bulk, not extend below the corners of the mouth, and not protrude beyond the width of the mouth.



FEMALE HAIRSTYLES-shall not extend below the lower edge of the shirt collar. Hair may be worn in a bun at the back of the head. Braids shall be styled conservatively and tied tightly. They shall be secured at the end by a knot or a small unadorned fastener. A single braid may be worn in the centre of the back. Double braids may be worn behind the shoulders. When gathered behind the head and braided, hair shall be a maximum length that does not extend below the top of the armpit.



MAKE UP

Female Cadets are authorized to wear a minimal amount of make-up. When wearing the uniform, make-up shall be applied conservatively. This precludes the use of false eyelashes, heavy eyeliner, brightly coloured eye shadow or lipstick, coloured nail polish, and excessive facial make-up.

JEWELLERY

The only jewellery that may be worn in uniform shall be a wristwatch, a medical alert bracelet, and a maximum of two rings, which are not of a costume jewellery nature. Female Cadets in uniform may wear a single pair or plain gold or silver studs, or white pearl earrings in pierced ears. The single stud earring (worn in the centre of each earlobe) shall be spherical in shape and not exceed 0.6 cm in diameter. Male Cadets are not authorized to wear any earrings.



TATTOOS AND PIERCINGS

Cadets shall not acquire visible tattoos that could be deemed to be offensive or otherwise reflect discredit on the Canadian Cadet Movement. Cadets in uniform shall not wear visible body piercing adornments (tongue included). Covering the unauthorized piercing with an adhesive bandage is not acceptable.

ACCESSORIES

Civilian pattern backpacks shall be of conservative appearance. They may either be carried in the left hand or worn suspended from both shoulders and square on the back. Female Cadets are permitted to carry a purse. The purse is carried as a shoulder bag, the strap shall be suspended from the left shoulder with the top of the purse not higher than waist level. It shall not be carried as a handbag.

EYEGLASSES/SUNGLASSES

Eyeglasses, and sunglasses shall be conservative in design and colour. Sunglasses with photo chromic or mirrored lenses are not authorized for wear. Cadets, who normally wear eyeglasses, may wear either conventionally framed prescription sunglasses or conservatively styled clip-on sunglasses when conditions are circumstances dictate. Other cadets may wear conservatively styled sunglasses, which do not detract from the overall appearance of the uniform when conditions and circumstances dictate. Sunglasses shall not be worn when parading unless authorized by the CO in special circumstances.

CARRYING OF ARTICLES

If any article is being carried, such as a briefcase, it is to be carried in the left hand. If an article is carried while marching, the left arm is not swung.

CIVILIAN CLOTHING

Other than those specific items listed in the dress regulations, civilian clothing shall not be worn with the uniform unless authorized by the CO. This includes, but is not limited to, civilian jackets and hats.

GENERAL DEPORTMENT

Chewing gum, slouching, sauntering, placing hands in pockets, smoking, eating on the street, walking hand-in-hand and similar deportment that detracts from a proud and orderly appearance in the eye of the public is unacceptable for Cadets while in uniform. Physical displays of affection between uniformed Cadets shall be avoided.

Ref CATO 55-04

UNIFORM NUMBERED ORDER OF DRESS

There are several types of uniforms Cadets can wear depending on the occasion. However, only three are most commonly worn; **the C-1 Ceremonial Dress, the C-2 Routine Training (winter) Dress, and the C-2B Routine Training (summer) Dress.**

At the start of the training year in September, Cadets generally wear summer dress (C-2B). In mid-Autumn, they will be advised to change over to winter dress (C-2). Sometime in mid-spring, a change back to summer dress will be advised, which will be the standard of dress until the end of the training year.

Some exceptions to this rule do apply. For special e

vents or activities such as parades, travel to/from summer camps etc. the type of dress will be advised depending on the occasion and weather. **Note** - The first Tuesday of every month is CO's parade at 19 Squadron. It is always C-1 dress for this night regardless of what is being worn for the rest on the month.



Name (Synonyms)	Composition	When Used
C-1 Ceremonial Dress (Full Dress with medals)	Wedge, shirt with necktie, jacket, trousers or slacks with belt, boots and grey wool socks. Parka may be worn. Medals, wings and pins are worn	Ceremonial and formal parades.

C-2 Routine Training Dress (Winter Dress, with Tunic)
Same as C-1 but with ribbons not medals.
Routine training, appropriate parades, travel to/from CSTCs.

C-2 B Routine Training Dress (Summer Dress)
Same as C-2A but without the tie.
Routine training indoors. Not for travel outside sqn training area.